# Urinary Tract Infections (UTIs): Working Together to Ensure Appropriate Management and Treatment in Nursing Homes

- UTIs in Long-Term Care Facilities (LTCFs) Robert M. Palmer, MD, MPH - John Franklin Chair of Geriatrics, Professor of Medicine and Director of the Glennan Center for Geriatrics and Gerontology, Eastern Virginia Medical School
- ❖ UTIs in LTCFs: A Diagnostic and Therapeutic Dilemma Edward C. Oldfield, III, MD - Professor of Medicine, Microbiology and Molecular Cell Biology, Director of Infectious Disease Division, Eastern Virginia Medical School
- UTI Prevention Collaborative Edna Garcia, BSN, RN-BC- Director of Clinical Education, Riverside Lifelong Health and Aging Related Services

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# Co-sponsored by:

- Virginia Department of Health (VDH) Healthcare-Associated Infections (HAI) Team:
  - Andrea Alvarez, MPH, HAI Program Coordinator
  - o Carol Jamerson, RN, BSN, CIC, HAI Nurse Epidemiologist (co-leader)
  - o Dana Burshell, MPH, CPH, CIC, HAI Epidemiologist
- Virginia Health Care Association (VHCA):
  - o Judy Brown, RN, LNHA, Health Education Specialist (co-leader)





## Dr. Palmer will address the following:

- What is the CMS/F315 guidance for indwelling Foley catheters/incontinence?
- How common is bacteriuria in catheterized and non-catheterized residents?
- Discuss management of the resident with dementia and a suspected urinary tract infection.
- How can recurrent urinary tract infections be managed?
- Discuss urinary tract infection prevention strategies in the catheterized and noncatheterized resident.

### Dr. Oldfield will address the following:

- How can you determine which residents need treatment for a urinary tract infection?
- Is there any benefit in treating residents with asymptomatic bacteriuria? Any harm in doing so?
- Discuss how you decide which residents to treat for suspected urinary tract infection.
- How should you treat a resident with a UTI? If a resident has an existing indwelling foley catheter should you replace with a new one? Discuss antibiotic selection.
- Should a "test for cure" urine culture be done?

### **Edna Garcia will address the following:**

- Discuss the importance of implementing successful evidence-based practices for urinary health in long-term care settings.
- What tools have proven useful in educating family members and residents regarding infection prevention and urinary health?
- Discuss and outline the definition of a *healthcare-associated UTI* including the timeline of 72 hours from admission versus incubating or present on admission.
- Discuss the importance of nurse-driven protocols for prevention of UTIs including bladder scanning protocols, indwelling catheter care, and proper collection of urine samples for urinalysis and culture.